

# Hello

IF YOU ARE SELF-ISOLATING,  
I CAN HELP.

My name is

My phone numbers is

I live locally at

If you are self-isolating due to COVID-19 I can help with:

- Picking up shopping     Posting Mail     Prayer  
 A friendly phone call     Urgent Supplies     Other:

*Coronavirus is contagious; therefore I will take every precaution to ensure I'm spreading only kindness. I will seek to avoid physical contact (6 ft distance), wash hands regularly and leave any items on your doorstep.*

## LOCAL RESOURCES

(for needs or to help)

### **For Food Service Workers**

[thegivingkitchen.org/covid19](http://thegivingkitchen.org/covid19)

### **For Homeless**

[atlantamission.org](http://atlantamission.org)

### **For Food Insecure Senior Citizens**

[openhandatlanta.org](http://openhandatlanta.org)

[mowatl.org](http://mowatl.org)

### **For Food Insecure (any age)**

[www.acfb.org/covid-19-help-map](http://www.acfb.org/covid-19-help-map)

[www.goodr.co](http://www.goodr.co)

### **For Info on Filing an Unemployment Claim**

[dol.georgia.gov](http://dol.georgia.gov)

*"Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid."—John 14:27*

**For additional resources go to [www.cornerstoneatl.org](http://www.cornerstoneatl.org)**